

Forging Healthcare and Housing Partnerships

A presentation for the PA Eastern Balance of State CoC May 30, 2024





Where are you located?



CSH



About CSH

CSH is 501c3 nonprofit intermediary organization and CDFI that advances supportive housing as an approach to help people thrive.

Since our founding in 1991, CSH has distributed more than **\$1.7 billion in loans and grants** that has created over **467,000 homes for individuals and families** exiting homelessness.



What We Do

CSH takes action through our three lines of business



Policy & Advocacy We promote concrete policies and strategies that advance

and strategies that advance more supportive housing development.

Community Investment

We are a CDFI and invest resources to increase availability and sustainability of quality, affordable housing aligned with services.

Strengthening the Field

We provide training, technical assistance and thought leadership to the housing and services sectors.

CSH

Audience Poll



How would rate your knowledge/comfort level with establishing and maintaining partnerships with healthcare providers to meet the needs of your clients and tenants?

Today's Objectives

- Participants will gain insight into the intersection of health and housing and how that can inform the strengthening of partnerships at a community level.
- Participants will be provided with an overview of the health and housing ecosystem at the Federal, State and Local Level
- Participants will have the opportunity to learn about challenges and successes in establishing healthcare partnerships from their peers
- Participants will learn strategies to engage healthcare partners and establish meaningful partnerships.





Health and Housing

Why does the conversation persist and what does it mean for our current efforts to prevent and end homelessness?







A public health perspective aligns well with work on homelessness and housing instability



Driven by Values



No One Left Behind



Systems Focused



Data-Driven



Centering Race Equity



Evidenced-Based

Approaches



Limited Resources



Enhanced by Partnerships



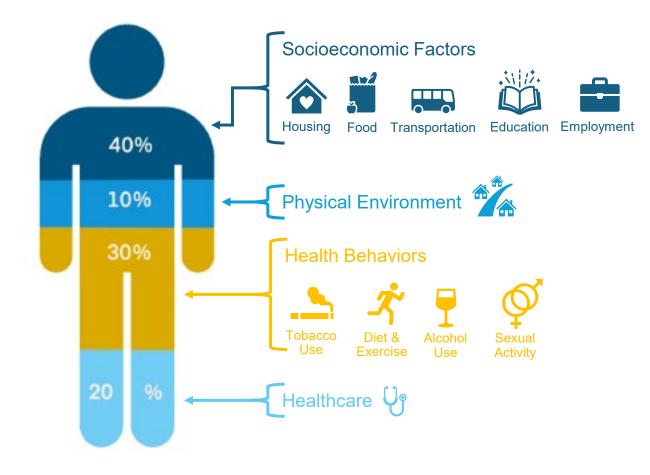


Click to learn more: CSH on Aligning with Public Health

Social Determinants of Health

Impact of Social Determinants of Health

Social determinants have a tremendous impact on an individual's health regardless of age, race, or ethnicity



SDOH Impact

- ✓ 20% of a person's health and wellbeing is related to access to care and quality of services
- The physical environment, social determinants, and health behaviors drive 80% of health outcomes



Housing as a Determinant of Health

High housing cost burden is associated with negative outcomes including higher rates of self-assessed fair/poor health, mental distress, and HIV prevalence.

People cannot focus on their physical and mental health when their housing is not safe and secure.

Evidence shows correlation with stable housing and improved health outcomes.

Links Between Housing and Health



🛠 Housing quality

Housing that is safe, dry, clean, maintained, adequately ventilated, and free from pests and contaminants, such as lead, radon, and carbon monoxide, can reduce the incidence of negative health outcomes such as injuries, asthma, cancer, neurotoxicity, cardiovascular disease, and poor mental health.

\$ Housing affordability

Affordable housing enables people to pay for other basic needs such as utilities, food, and medical care, which can reduce the incidence of negative health outcomes such as malnutrition, diabetes, anxiety, and depression.

Housing community

Neighborhoods free from segregation and concentrated poverty, and in which residents have close and supporting relationships with one another, can improve physical and mental health by reducing stress and exposure to violence and crime as well as improving school performance and civic engagement.

Q Housing location

Easy access to public transportation, parks and recreation, quality schools, good jobs, healthy foods, and medical care can help reduce the incidence of chronic disease, injury, respiratory disease, mortality, and poor mental health.

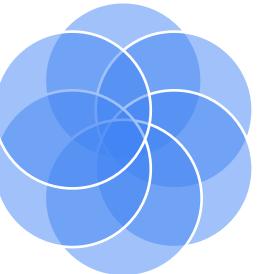
csh.ora



Health Impacts of Homelessness and Housing Insecurity

Elevated rates of chronic health conditions like cardiovascular disease, diabetes, and COPD

Elevated rates of behavioral health diagnoses, traumatic stress, and substance use disorder



Less likely to fill prescriptions, attend appointments, and afford copays

> Substandard housing can exacerbate conditions like asthma and conditions related to lead and mold exposure

Increased likelihood of infectious disease like pneumonia, tuberculosis

Children experiencing housing insecurity are more likely to experience developmental delays BIPOC Households Bear the Weight of These Health Outcomes Disproportionately

American Hospital Association Housing and the Role of Hospitals: <u>http://www.hpoe.org/Reports-HPOE/2017/housing-role-of-hospitals.pdf</u>





HUD FY23 CoC NOFO



U.S. Department of Housing and Urban Development

Community Planning and Development

Notice of Funding Opportunity (NOFO) for Fiscal Year (FY) 2023 Continuum of Care Competition and Renewal or Replacement of Youth Homeless Demonstration Program Grants FR-6700-N-25 09/28/2023

- HUD COC NOFO in FY23 allotted 14 points for coordination with healthcare
- Included how the CoC works with providers to coordinate with healthcare providers (2 Points)
- CoC coordinates with public health agencies to respond to and prevent infectious disease among people experiencing homelessness (5 Points)
- Leveraging health care resources (7 Points)

csh.ord



HUD NOFO – Leveraging Health Care Resources

- These points are available for CoCs that apply for at least one PSH or RRH project that utilizes healthcare resources to help individuals and families experiencing homelessness. Sources of health care resources include:
 - Direct contributions from a public or private health insurance provider to the project (e.g., Medicaid), and
 - Provision of health care services by a private or public organization (e.g., Ryan White funded organization) tailored to the program participants of the project.
 - Eligibility for the project must comply with HUD program and fair housing requirements. Eligibility criteria cannot be restricted by the eligibility requirements of the health care service provider.
- CoCs must demonstrate through a written commitment from a health care organization that:

(i) in the case of a substance use disorder treatment or recovery provider, it will provide access to treatment or recovery services for all program participants who quality and choose those services; or

(ii) the value of assistance being provided is at least an amount that is equivalent to 25 percent of the funding being requested for the project, which will be covered by the healthcare organization.

- Acceptable forms of commitment are formal written agreements and must include:
 - Value of the commitment, and
 - Dates the healthcare resources will be provided.
- In-kind resources must be valued at the local rates consistent with the amount paid for services not supported by grant funds.
- CoCs can receive less than full points for demonstrating commitments less than the threshold described above.



Found on Page 105 Section V.B.6 of NOFO



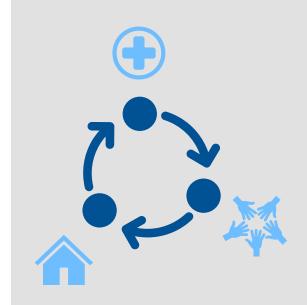
Breakout Discussion:

- What are your/your agency's goals for healthcare collaboration?
- What are the barriers that get in the way of achieving these goals?
- What have been some successes you've experienced toward achieving these goals?



Health, Housing, and Homelessness Ecosystem

Who are the stakeholders? Who do I partner with? What resources do I leverage?

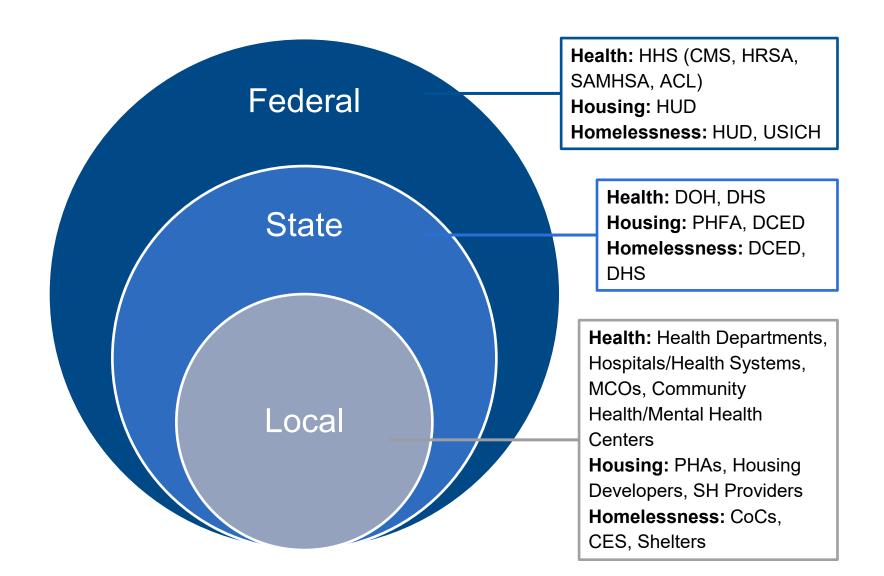






Overview of the Ecosystem:

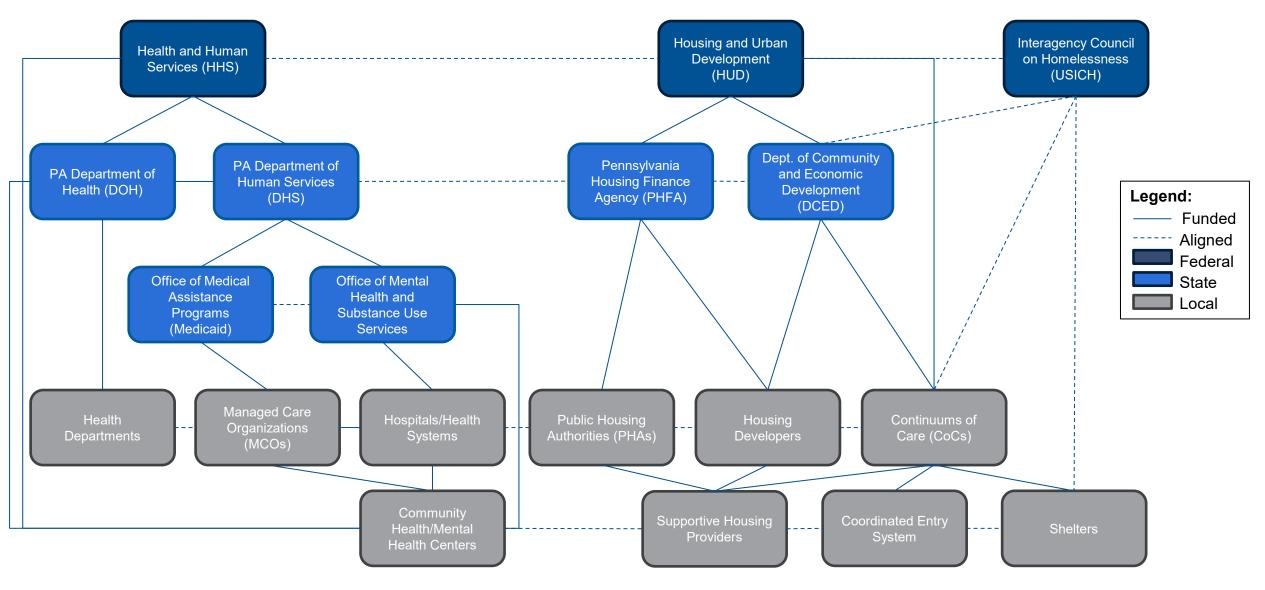
Understanding the stakeholders to develop appropriate partnerships





Health & Human Services System

Housing & Homelessness System





Federal and State Stakeholders

Federal

Housing

• HUD: Funds rental assistance, housing authorities, and housing development

Homelessness

- HUD: Funds homeless system and housing services through CoC funding
- USICH: Drives and implements nationwide homelessness strategy

Healthcare

- HHS: Funds health and services (and limited rental assistance) through the following agencies:
- Centers for Medicare & Medicaid Services (CMS)
- Health Resources and Services Administration (HRSA)
- Substance Abuse and Mental Health Services Administration (SAMHSA)
- Administration for Community Living (ACL)

Pennsylvania

Housing

- PHFA: Funds affordable housing development, LIHTC, PHARE
- DCED: Distributes Community Development Block Grants (CDBG)

Homelessness

- DCED: Collaborative applicant for the CoC Balance of State, administers Emergency Solutions Grants (ESG)
- DHS: Prevents homelessness through the Homeless Assistance Program (HAP), applies for PATH grants from SAMHSA

Healthcare

- DOH: Oversees public health operations across the state, funds community health centers
- DHS: Funds health and human services through the following offices:
- Office of Medical Assistance Programs: Medicaid
- Office of Mental Health and Substance Abuse Services (OMHSAS): Behavioral health services and PATH grants
- Office of Long-Term Living: Home and Community Based Services (HCBS)

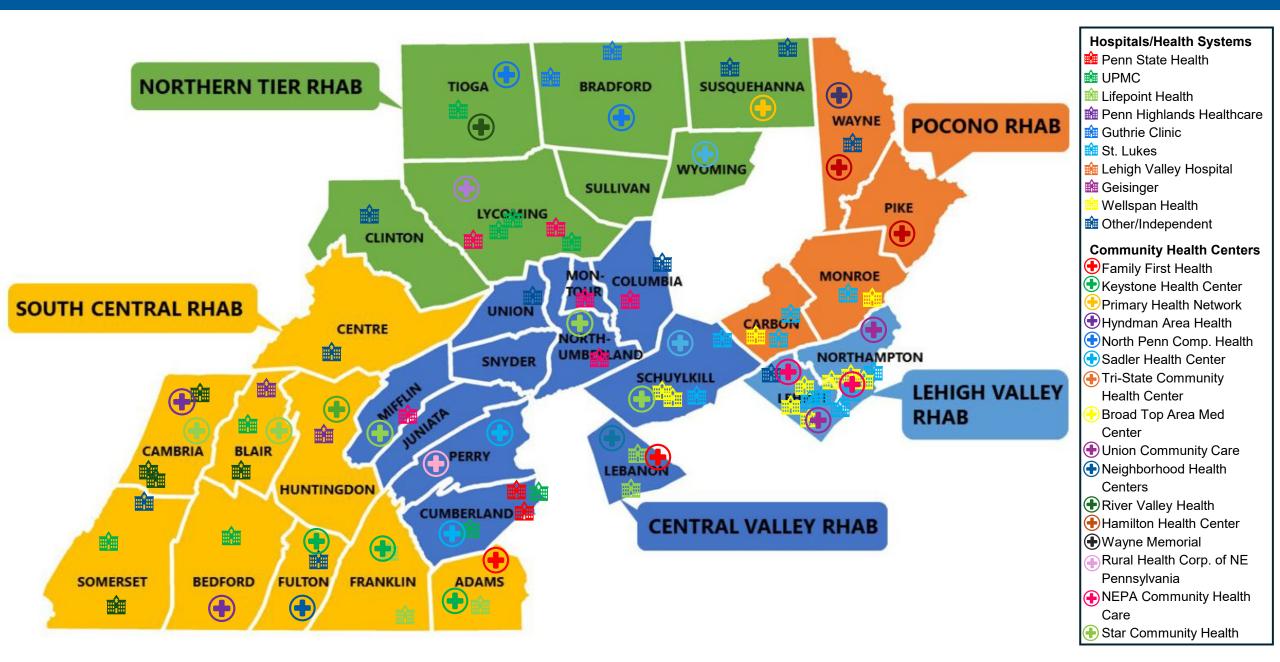


Local Stakeholders





Healthcare in the Eastern BoS



How the healthcare system can support housing and homelessness







Invest in Housing Stock

Finance Services Partner in Service Delivery



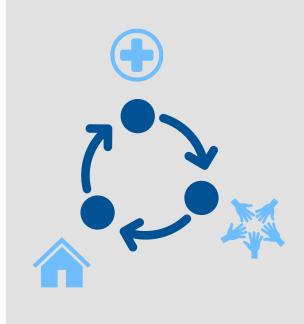
Healthcare Who's Who







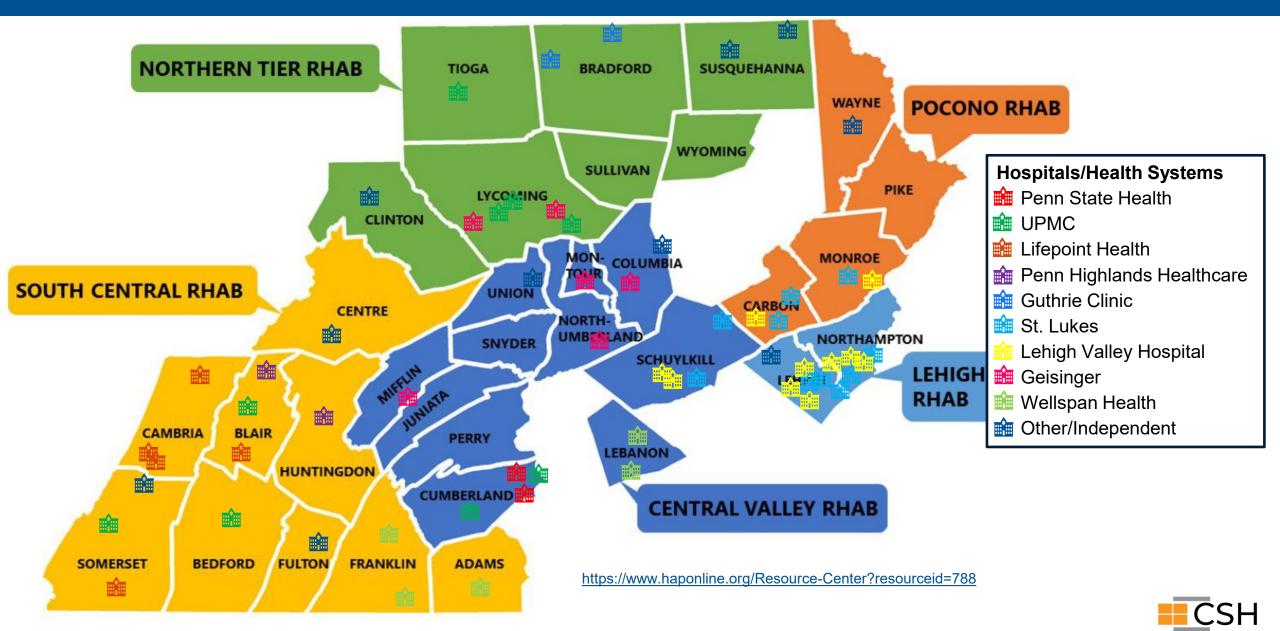
Hospital and Health System Partnerships





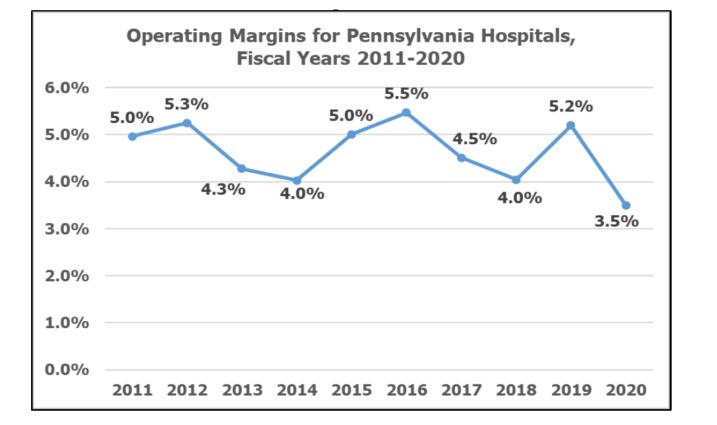


Hospitals in the Eastern BoS



Hospitals in PA

https://www.haponline.org/Resource-Center?resourceid=788



Breakdown of COVID-19 Related Expenses and Revenue Losses for Pennsylvania Hospitals, through September 2021

Expense & Revenue Loss	Pennsylvania Total
Staffing Expenses	\$794,993,894
Testing Expenses	\$264,477,008
Supplies & Equipment Expenses	\$524,417,054
Construction Expenses	\$27,631,307
Housing Care Expenses	\$7,980,494
Other Expenses	\$346,105,113
Revenue Loss	\$4,959,664,279
Total	\$6,925,269,148



Incentives for Hospitals to Invest and Partner on Housing

Reduce hospital/health system's operating costs To improve community's health outcomes, especially for those with complex health challenges

Healthcare's Triple Aim:

1. Improve Care

2. Improve Population Health

3. Reduce Costs

To address health disparities

To fulfill their role as an anchor institution in the community



Shifting Costs

National Costs

- Patients experiencing homelessness are 5x more likely to be admitted and stay on average four days longer
- Hospital spends about \$44K annually for a "high utilizer"

Denver Health Study

- Denver Health spends \$2,700 a night to keep someone in the hospital
- Patients experiencing homelessness stay on average an extra 73 days for a total cost to the hospital of nearly \$200,000

Tenancy Costs: ~\$10,000 per year Hospital Costs: ~44,000 per year

https://kffhealthnews.org/news/why-hospitals-are-getting-into-the-housingbusiness/#:~:text=It%20costs%20Denver%20Health%20%242%2C700%20a%20night%20to,to%20house%20a%20patient%20for%20a%20year%20ins tead.



Anchor Institutions



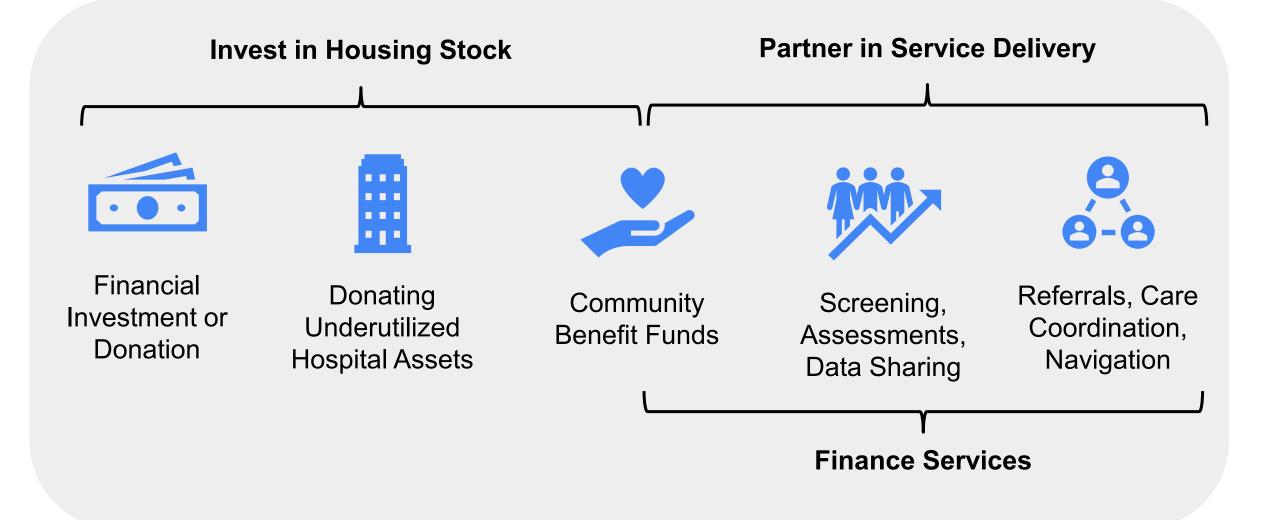
An anchor institution seeks to utilize hospital economic and human capital to revitalize local communities. Housing investment, meanwhile:

- Aligns with a **hospital's mission**;
- Generates **economic returns** to both the community and institution;
- Helps satisfy its community benefit requirements to the federal government; and
- Provides an opportunity for a hospital to justify its tax exemption and reduce the financial burden to local governments.

https://www.csh.org/resources/health-system-investments-in-housing-a-development-guide/

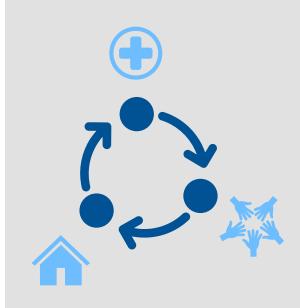


How Can Hospitals Engage in Partnership?





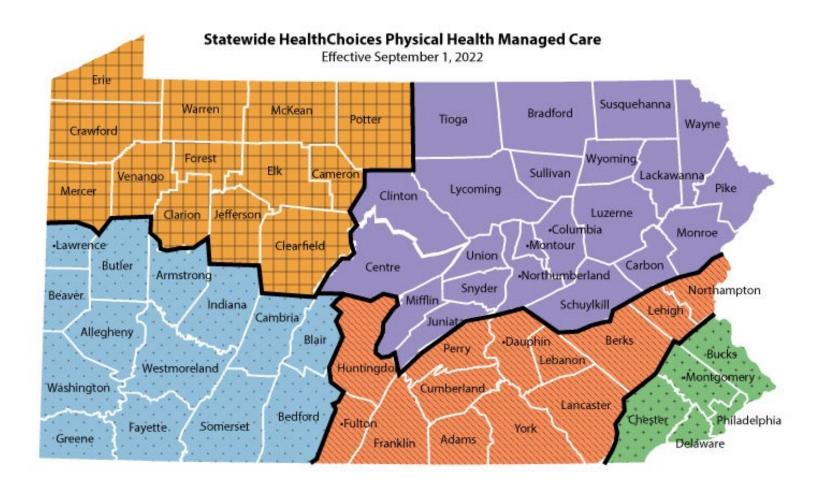
Managed Care Partnerships







Managed Care Organizations (MCOs) in PA





* . * . *

HealthChoices Northwest

AmeriHealth Caritas PA, Geisinger**, Health Partners**, UPMC

HealthChoices Northeast

HealthChoices Southeast

AmeriHealth Caritas PA, Geisinger, Health Partners**, UPMC**

Geisinger**, Health Partners, Keystone First, United, UPMC**



HealthChoices Lehigh/Capital

AmeriHealth Caritas PA, Geisinger**, Health Partners**, Highmark Wholecare (formerly Gateway), UPMC



HealthChoices Southwest

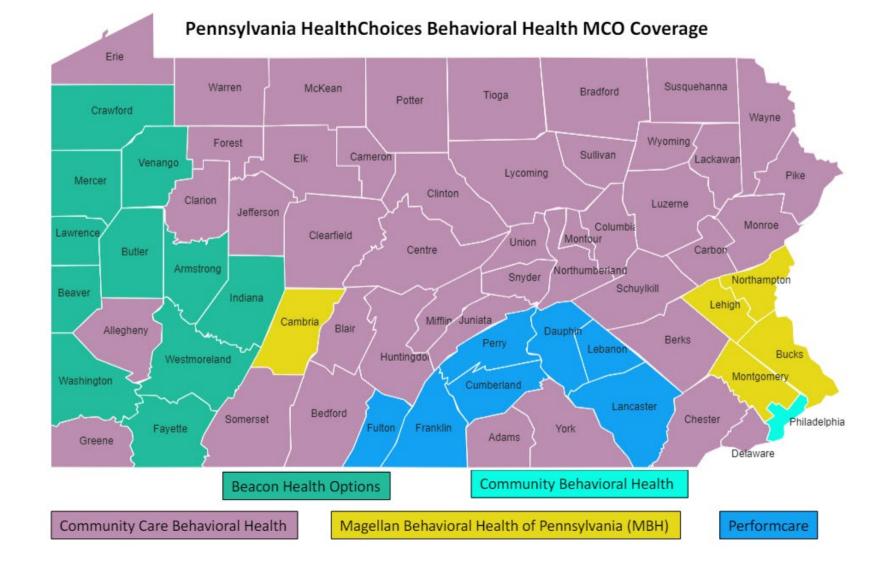
AmeriHealth Caritas PA**, Geisinger**, Health Partners**, Highmark Wholecare (formerly Gateway), UPMC

** New MCO in Zone



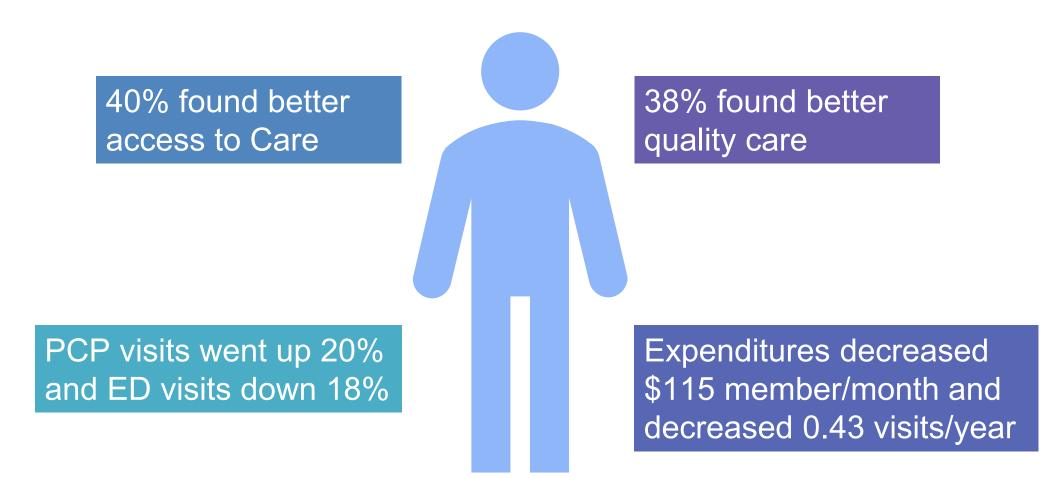


Behavioral Health MCO Carveout in PA



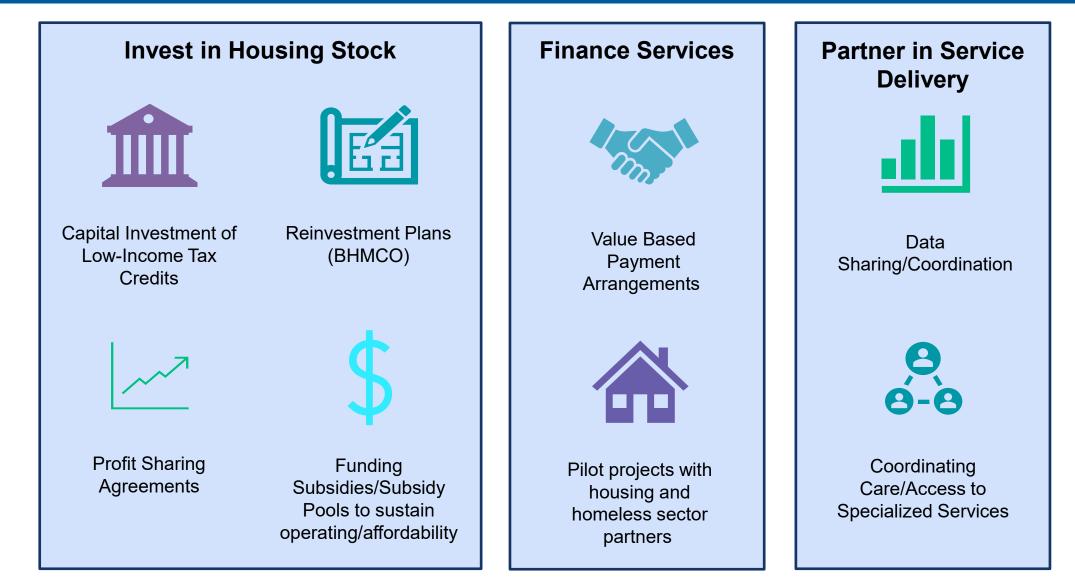


Reasons for Managed Care Investment in Housing: UnitedHealthcare Study



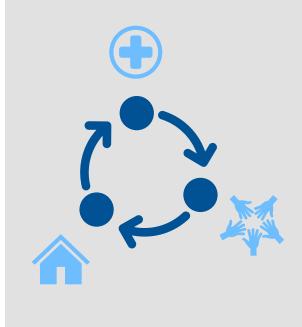


How can MCOs Engage in Partnership?





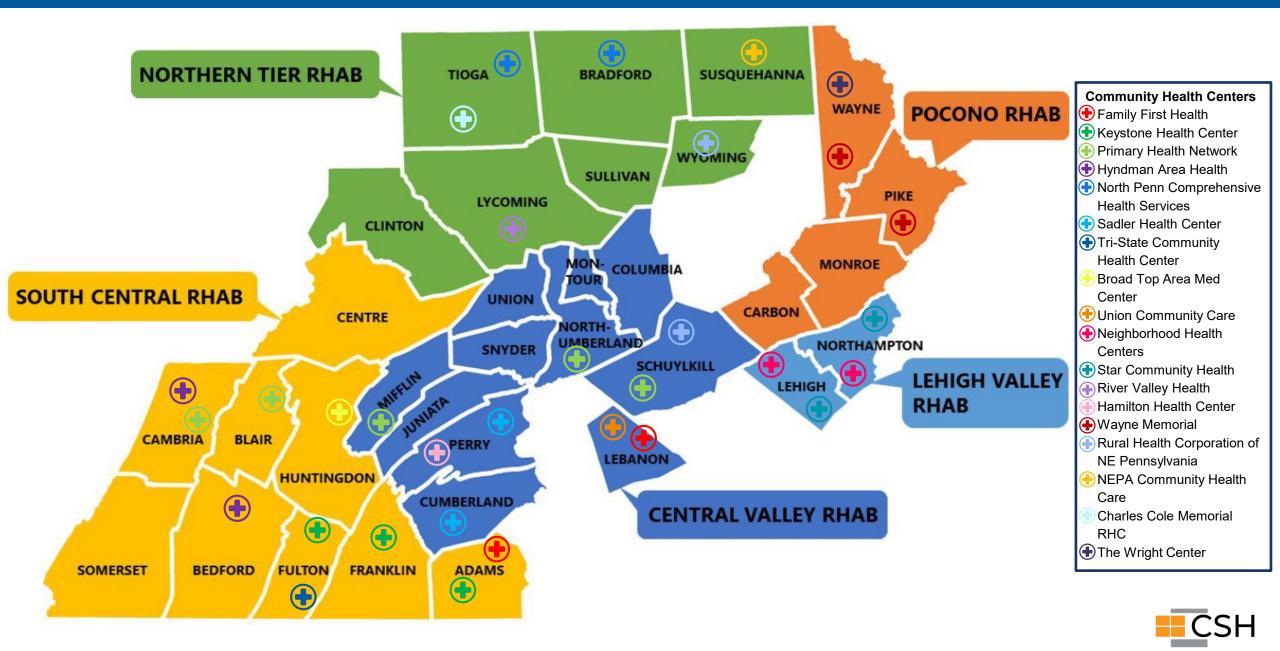
Partnerships with Community Health and Mental Health Centers







Community Health Centers in the Eastern BoS



Reasons for Community Health and Mental Health Center Partnerships with Housing and Homelessness

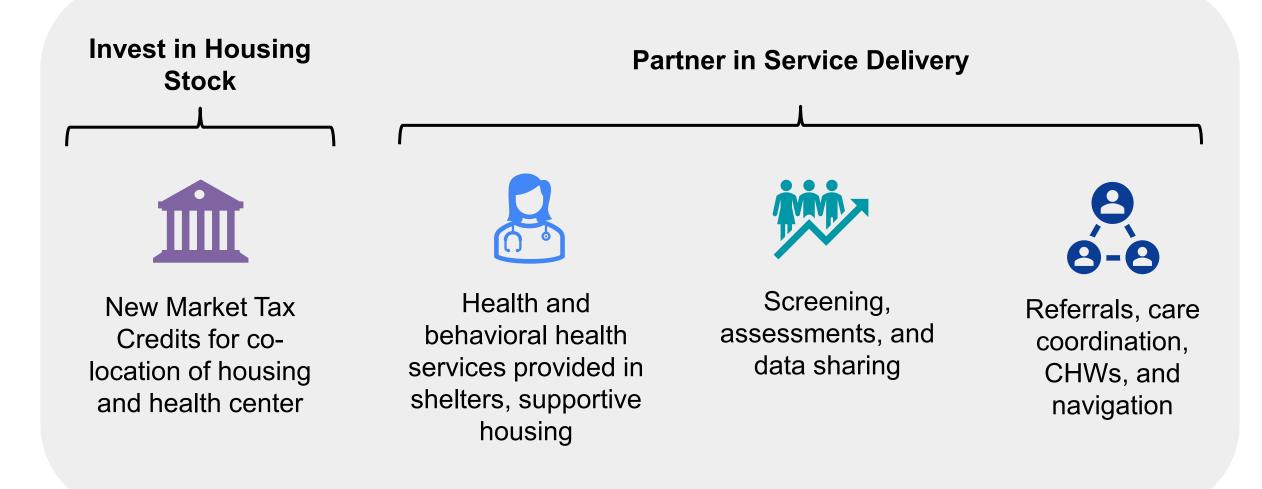


center designations



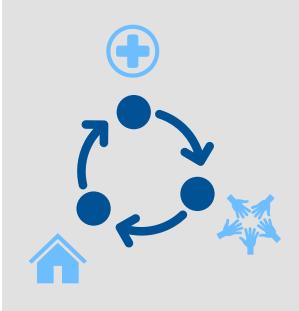


How can Community Health and Mental Health Centers Engage in Partnership?





Implementing Health & Housing Partnerships







Levels of Partnership between Health and Housing

Early-Stage Collaboration

- Referrals Based
- No Formal MOUs
- Limited (if any) data sharing
- Limited outcomes
 tracking
- Example: Hospital social workers provide community resource summaries to patients upon discharge

Moderate Collaboration

- Care coordination
- Formal agreement/ MOUs
- Joint care planning
- May include centralized intake assessment
- Independent operations/may share funding resources
- Example: Communitybased housing navigators embedded in hospital ERs

High Collaboration

- Co-location of health services and housing (mobile or full service onsite at housing)
- Joint operations with retained autonomy
- Example: NMTC to build supportive housing and FQHC on the same property

Highest Collaboration

- Full-service integration
- Single point of entry, integrated assessment
- Joint case planning and management
- Integrated resources, service delivery, and sometimes funding
- Example: Assessing for and aligning services and benefits eligibility and enrollment during CE, housing navigation, and tenancy



What are your partnership goals?



Invest in Housing Stock

- Hospitals donating underused assets
- Hospitals investing in housing stock through LIHTC, Community Benefit Fund
- NMTC: Co-locating housing and health centers
- Hospitals, MCOs funding subsidies for rental assistance (ex: Flexible Housing Pools)



Finance Services

- Medicaid for housing support services, behavioral health services
- Value-Based Payment arrangements with MCOs
- Respite care service and funding supports



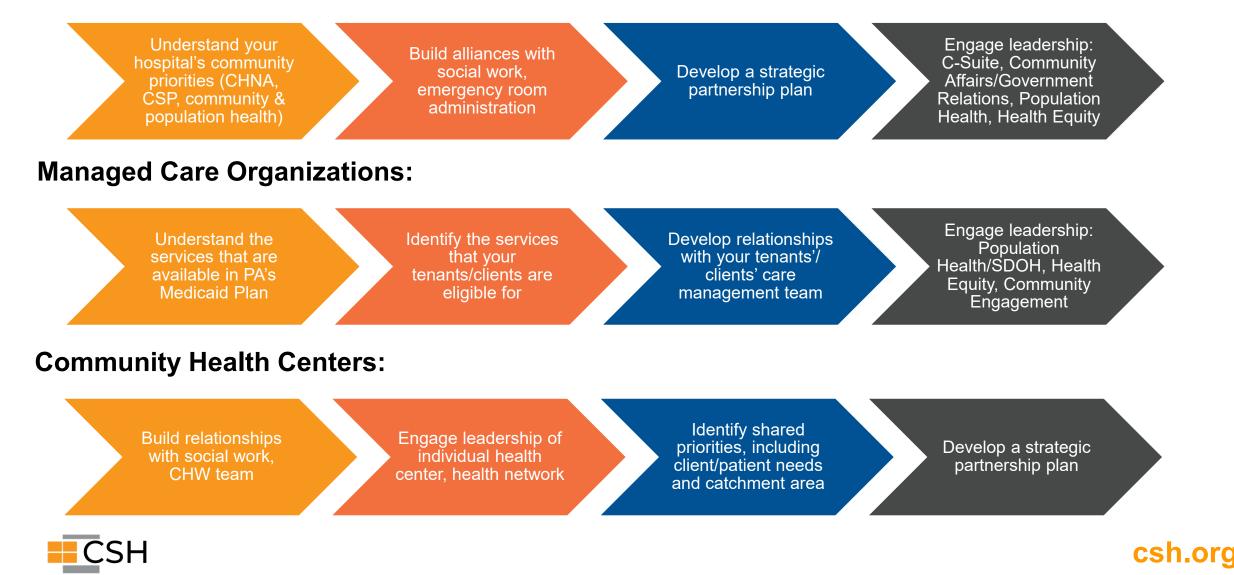
Partner in Service Delivery

- Hospitals, MCOs, health centers screen and refer for housing needs
- Health centers provide health/BH services in shelters, supportive housing
- NMTC: Co-locating housing and health centers
- Shared data systems
- Assessing for housing and service eligibility at CE Access Points
- CE Access Points in emergency rooms, health centers



How to engage your healthcare partners

Hospitals and Health Systems:



Data Sharing's Role in Healthcare Partnerships - Data Sharing Tips

MOUs and Data Sharing Agreements

With Build a team that includes Homeless Services, PWLE, and Health System Representation

means third party i.e. researcher/university or public health entity

I Data match, create eligibility criteria, grant access to healthcare partners

Incorporating data sharing into releases of information signed by participants.

Limited access to HMIS to healthcare partners





https://familiarfaces.naco.org/resource_tax/dat a-sharing-examples/

https://community.solutions/researchposts/learning-brief-data-sharing-betweenhomelessness-and-health-systems/

<u>https://www.chcf.org/wp-</u> <u>content/uploads/2022/05/HowShareDataPracti</u> <u>calGuideHealthHomeless.pdf</u>

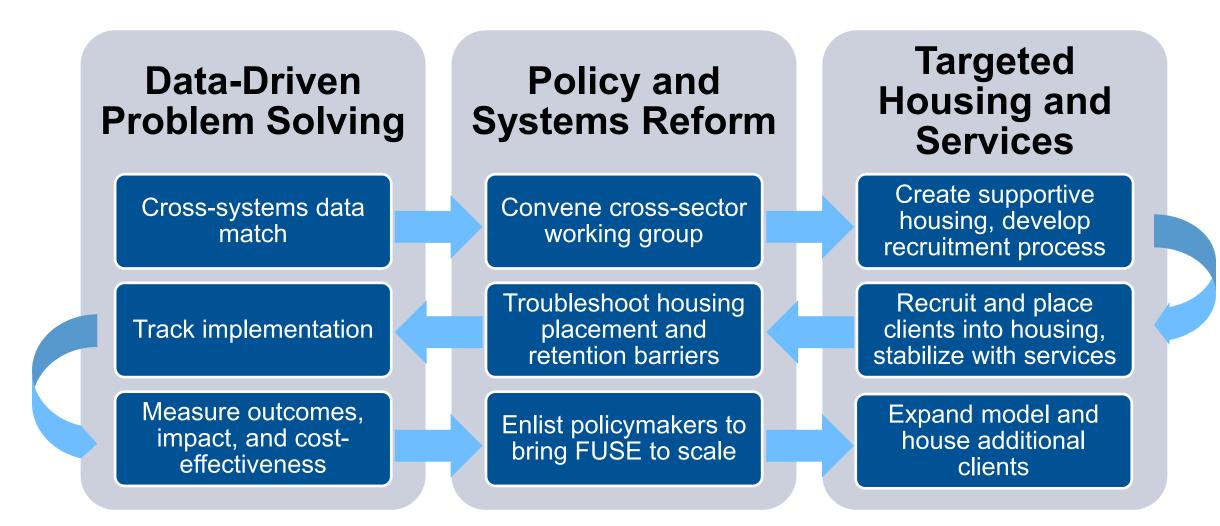
https://files.hudexchange.info/resources/docu ments/Homelessness-and-Health-Data-Sharing-Toolkit.pdf

csh.ord





Data-Sharing Example: FUSE





https://www.csh.org/fuse/

FUSE Evaluations Show Success

NYC FUSE

- 40% reduction jail days
- 91% fewer shelter days
- 50% reduction in psych. inpatient
- 86% housed after 2 years

San Diego Project 25

- 67% reduction in total public costs after 2 years
- 60-80% reduction in ambulance, ER, hospitalizations, arrests, jail days
- Net savings of over 200% after paying for housing+services

MeckFUSE (Charlotte)

- 50% fewer arrests
- 87% fewer shelter days
- 24% less ambulance service charges
- 43% less hospital charges



https://www.csh.org/fuse/

Central City Concern, Portland, Oregon

Health and Housing Partnerships

- 5 Hospital Systems
- Nonprofit Healthcare Plan
- Housing Developers
- Nonprofit Housing Provider + FQHC

Financing Structure

- Hospitals and healthcare plan donated \$21.5M
- Philanthropic funding bringing initial investment to \$22.6M

Housing Model

 The creation of 379 units of affordable housing, supportive housing, and transitional housing

Healthcare Model

- Onsite FQHC providing integrated care and other health services
- Supportive housing units for individuals with BH needs



Flexible Housing Pool, Cook County, IL

Health and Housing Partnerships

- Cook County Health
- City of Chicago
- Chicago Housing Authority
- Hospitals
- MCOs
- Philanthropy

Financing Structure

 More than \$12M contributed to date

Housing Model

 Housing subsidies for 750 high need individuals

Healthcare Model

 Hospitals prioritize their high risk/high utilizer population



An Exciting Time for Healthcare Investment in Housing in PA!

Capital – PHFA Health For Housing Investment (HHI)

- Low Income Housing Tax Credits (LIHTC) Set Aside
- PHARE Matching Funds
- Capital Investments & Donated Land

Services – DHS 1115 Medicaid Waiver Application

- Medicaid Waiver Services
- Medicaid Billed Services

MCO Incentives

- Emphasis on Profit Sharing and Investments in SDOH
- Examples of BHMCO reinvestment in housing/services

Cross Systems Collaboration

 Dept of Aging new strategic plan includes emphasis on addressing housing needs



CSH Resources: Creating Health and Housing Partnerships Health and Housing Partnership Guide Publication

Health and Housing Partnerships - Making Them Work | Online Tutorial

<u>New: Health Center Role in Housing Innovations: Pay for Success</u> <u>Models – CSH</u>

<u>Guide to Attracting Funding Resources to Address Social Determinants of</u> <u>Health Needs – CSH</u>

Homelessness and Public Health: A Focus on Strategies and Solutions

Homeless and Health Data Sharing Toolkit

Health Systems Investment in Housing: A Development Guide

CSH PA Contact Brian McShane He/Him Associate Director for PA & NJ <u>brian.mcshane@csh.org</u> 617-913-2638

csh.ord







Thank You!

Please Participate in a Brief Feedback Survey!

https://forms.office.com/r/4r69LeVkjJ

Forging Healthcare and Housing Partnerships: DCED Eastern Balance of State CoC presentation

